

III Memoriał Biegowy Kobiet i Mężczyzn na Dystansie 5km im. Tadeusza Brzostka
Lidzbark Warmiński, 10.08.2018

Sporządził: Mateusz Kownacki
kontakt@superczas.pl

Organizator: Ośrodek Sportu i Rekreacji w Lidzbarku Warmińskim, LUKS Warmia- Sekcja Lekkoatletyczna

Klasyfikacja: Bieg Mężczyzn 5,0 km

Miejsce	Nr startowy	Nazwisko	Imię	Miejscowość	Drużyna	Rok urodz.	Kat. dod.	M-ce w kat.	200 m	600 m	1000 m	1400 m	1800 m	2200 m	2600 m	3000 m	3400 m	3800 m	4200 m	4600 m	Tempo min/km	Czas netto	Wynik (brutto)
1	20	Sulewski	Krzysztof	Barczewo	BSB Barczewo Biega	1985			00:00:38	00:02:01	00:03:23	00:04:42	00:06:01	00:07:20	00:08:40	00:09:59	00:11:19	00:12:38	00:13:58	00:15:20	00:03:18	00:16:31	00:16:31
2	23	Olkowski	Rafał	Lidzbark Warmiński	OSiR Lidzbark Warmiński	1979	Najszybszy lidzbarczanin	1	00:00:39	00:02:00	00:03:21	00:04:41	00:06:01	00:07:20	00:08:40	00:09:59	00:11:18	00:12:39	00:14:00	00:15:21	00:03:18	00:16:32	00:16:32
3	5	Flaga	Przemysław	Barczewo	URWIS BIEGA	1983			00:00:39	00:02:01	00:03:22	00:04:43	00:06:01	00:07:20	00:08:40	00:09:59	00:11:18	00:12:38	00:13:58	00:15:21	00:03:18	00:16:32	00:16:32
4	18	Gwardiak	Szymon	Lidzbark Warmiński	LKS Zorza Gdynia	1993			00:00:39	00:02:01	00:03:22	00:04:41	00:06:00	00:07:19	00:08:39	00:09:59	00:11:18	00:12:38	00:13:59	00:15:21	00:03:19	00:16:35	00:16:35
5	21	Dabrowski	Maciej	Giedajty	Team Kopec	1994			00:00:38	00:02:00	00:03:21	00:04:41	00:06:00	00:07:20	00:08:39	00:09:59	00:11:23	00:12:49	00:14:17	00:15:46	00:03:26	00:17:12	00:17:12
6	26	Sikorski	Krzystian	Bartoszyce	20 Bartoszycka Brygada Zmechanizowana	1992			00:00:41	00:02:07	00:03:31	00:04:57	00:06:23	00:07:48	00:09:13	00:10:38	00:12:04	00:13:32	00:14:58	00:16:24	00:03:33	00:17:47	00:17:47
7	29	Olszewski	Adam	Olszewnik		1993			00:00:41	00:02:09	00:03:36	00:05:04	00:06:31	00:08:00	00:09:27	00:10:55	00:12:23	00:13:50	00:15:18	00:16:45	00:03:36	00:18:01	00:18:01
8	28	Olszewski	Tomasz	Jeziorany	olszewnik	1991			00:00:41	00:02:08	00:03:36	00:05:04	00:06:31	00:07:59	00:09:26	00:10:55	00:12:23	00:13:50	00:15:18	00:16:44	00:03:37	00:18:04	00:18:04
9	24	Gwiazda	Artur	Lidzbark Warmiński	OSiR Lidzbark Warmiński	1980	Najszybszy lidzbarczanin	2	00:00:40	00:02:06	00:03:31	00:04:58	00:06:25	00:07:56	00:09:24	00:10:54	00:12:25	00:13:54	00:15:26	00:16:55	00:03:38	00:18:08	00:18:08
10	2	Cydzik	Mirosław	Olsztyn	URWIS BIEGA	1976			00:00:39	00:02:05	00:03:31	00:04:59	00:06:26	00:07:55	00:09:25	00:10:55	00:12:24	00:13:54	00:15:26	00:16:55	00:03:38	00:18:10	00:18:10
11	34	Zbutowicz	Lukasz	Lidzbark Warmiński		1983	Najszybszy lidzbarczanin	3	00:00:43	00:02:13	00:03:45	00:05:16	00:06:49	00:08:24	00:09:58	00:11:32	00:13:03	00:14:36	00:16:08	00:17:41	00:03:49	00:19:05	00:19:05
12	3	Drozd	Mariusz	Olsztyn	URWIS BIEGA	1969			00:00:46	00:02:24	00:04:01	00:05:28	00:06:57	00:08:27	00:09:58	00:11:31	00:13:03	00:14:36	00:16:10	00:17:44	00:03:50	00:19:12	00:19:12
13	33	Olszański	Paweł	Lidzbark Warmiński		1996	Najszybszy lidzbarczanin	4	00:00:41	00:02:11	00:03:40	00:05:11	00:06:46	00:08:21	00:09:56	00:11:32	00:13:08	00:14:49	00:16:31	00:18:05	00:03:54	00:19:28	00:19:28
14	8	Strauss	Darek	Olsztyn	URWIS BIEGA	1970			00:00:44	00:02:23	00:03:54	00:05:27	00:07:01	00:08:38	00:10:13	00:11:49	00:13:27	00:15:07	00:16:46	00:18:20	00:03:58	00:19:49	00:19:49
15	11	Jablonski	Paweł	Nidzica	Nidzica Biega	1976			00:00:40	00:02:10	00:03:44	00:05:21	00:06:57	00:08:34	00:10:08	00:11:45	00:13:25	00:15:05	00:16:45	00:18:22	00:03:58	00:19:49	00:19:49
16	10	Ślędziewski	Cezary	Włgitowo	Linwis Biega	1971			00:00:45	00:02:23	00:04:01	00:05:39	00:07:19	00:08:57	00:10:36	00:12:16	00:13:58	00:15:40	00:17:24	00:19:06	00:04:07	00:20:33	00:20:33
17	4	Maculewicz	Marek	Nidzica	URWIS BIEGA	1970			00:00:46	00:02:25	00:04:02	00:05:40	00:07:19	00:08:56	00:10:35	00:12:16	00:13:59	00:15:41	00:17:24	00:19:06	00:04:07	00:20:34	00:20:34
18	27	Wilamowicz	Jacek	Lidzbark Warmiński		1968	Najszybszy lidzbarczanin	5	00:00:45	00:02:19	00:03:55	00:05:31	00:07:09	00:08:47	00:10:28	00:12:11	00:13:55	00:15:39	00:17:26	00:19:12	00:04:11	00:20:54	00:20:54
19	35	Jakubowski	Adam	Lidzbark Warmiński		1978	Najszybszy lidzbarczanin	6	00:00:48	00:02:26	00:04:03	00:05:41	00:07:21	00:09:01	00:10:43	00:12:26	00:14:10	00:15:55	00:17:38	00:19:21	00:04:13	00:21:04	00:21:04
20	15	Baranowski	Grzegorz	Nidzica	Nidzica Biega	1974			00:00:49	00:02:31	00:04:14	00:05:57	00:07:43	00:09:27	00:11:11	00:12:56	00:14:43	00:16:30	00:18:17	00:20:04	00:04:21	00:21:43	00:21:43
21	7	Gaślorowski	Tomasz	Olsztyn	URWIS BIEGA	1974			00:00:54	00:02:44	00:04:32	00:06:18	00:08:03	00:09:49	00:11:37	00:13:25	00:15:11	00:17:01	00:18:52	00:20:39	00:04:27	00:22:13	00:22:13
22	6	Kite	Jan	Olsztyn	URWIS BIEGA	1964			00:00:51	00:02:37	00:04:24	00:06:14	00:08:02	00:09:50	00:11:39	00:13:26	00:15:15	00:17:05	00:18:53	00:20:40	00:04:27	00:22:14	00:22:14
23	37	Szczepaniak	Piotr	Olsztyn	Sa Wolnejsi	1968			00:00:50	00:02:36	00:04:20	00:06:06	00:07:52	00:09:42	00:11:32	00:13:20	00:15:11	00:17:03	00:18:54	00:20:43	00:04:29	00:22:23	00:22:23
24	22	Banucha	Piotr	Koszalin	FAMILIA TEAM	1973			00:00:48	00:02:28	00:04:11	00:05:56	00:07:42	00:09:30	00:11:19	00:13:07	00:14:55	00:16:49	00:18:44	00:20:40	00:04:29	00:22:26	00:22:26
25	1	Wiśniewski	Jacek	Lidzbark Warmiński		1973	Najszybszy lidzbarczanin	7	00:00:58	00:02:56	00:04:55	00:06:54	00:08:53	00:10:52	00:12:50	00:14:47	00:16:45	00:18:38	00:20:21	00:22:01	00:04:44	00:23:38	00:23:38
26	25	Olszewski	Marek	Lidzbark Warmiński	BBL / Klub Biegacza Lidzbark Warmiński	1969	Najszybszy lidzbarczanin	8	00:00:58	00:02:56	00:04:55	00:06:54	00:08:54	00:10:52	00:12:51	00:14:48	00:16:44	00:18:38	00:20:33	00:22:16	00:04:48	00:24:00	00:24:00
27	17	Klement	Marcin	Olsztyn		1978			00:00:55	00:02:50	00:04:44	00:06:42	00:08:40	00:10:39	00:12:40	00:14:41	00:16:42	00:18:44	00:20:46	00:22:47	00:04:55	00:24:34	00:24:34
28	31	Szczębiot	Karol	Lidzbark Warm		1981			00:00:58	00:02:56	00:04:55	00:06:54	00:08:54	00:10:52	00:12:51	00:14:48	00:16:47	00:18:46	00:20:47	00:22:47	00:05:00	00:24:59	00:24:59
29	16	Brzostek	Wiesław	Olsztyn	FAMILIA TEAM	1960			00:00:50	00:02:40	00:04:39	00:06:44	00:08:51	00:10:58	00:13:07	00:15:19	00:17:31	00:19:40	00:21:53	00:24:06	00:05:14	00:26:09	00:26:09