

**XXVIII Bieg Niepodległości w Rybnie - 3 km**  
Klasyfikacja: **OPEN**



| M-ce | Nr start. | Nazwisko i imię                 | Miejscowość           | Drużyna                              | Rok urodz. | Kat. wiek. | M-ce w kat. | Kat. dod. | M-ce w kat. | Tempo min/km | Tempo km/h | Czas netto | Wynik (brutto) | K  | M  |
|------|-----------|---------------------------------|-----------------------|--------------------------------------|------------|------------|-------------|-----------|-------------|--------------|------------|------------|----------------|----|----|
| 1    | 78        | Jędraszek Tomasz                | Górzno                |                                      | 1981       | Open M     | 1           |           |             | 03:55        | 15.3       | 11:45      | 11:47          |    | 1  |
| 2    | 71        | Góralski Marcin                 | Gdynia                | Gebruder Weiss                       | 1980       | Open M     | 2           |           |             | 04:01        | 14.9       | 12:03      | 12:04          |    | 2  |
| 3    | 67        | Dąbkowski Damian                | Ciechanów             |                                      | 1990       | Open M     | 3           |           |             | 04:16        | 14.1       | 12:45      | 12:46          |    | 3  |
| 4    | 13        | Bańka Kacper                    | Gwiżdżyny             | Ks. Zamek kurzętnik                  | 2009       | Junior M   | 1           |           |             | 04:17        | 14         | 12:52      | 12:54          |    | 4  |
| 5    | 99        | Szczepański Jakub               | Ilawa                 | MASURIA MADMED                       | 1993       | Open M     | 4           |           |             | 04:32        | 13.2       | 13:35      | 13:37          |    | 5  |
| 6    | 76        | Jarząb Jakub                    | Ilawa                 |                                      | 1990       | Open M     | 5           |           |             | 04:44        | 12.7       | 14:11      | 14:13          |    | 6  |
| 7    | 79        | Karbowska Dżesika               | Kurzętnik             |                                      | 2009       | Junior K   | 1           |           |             | 04:47        | 12.5       | 14:20      | 14:22          | 1  |    |
| 8    | 98        | Standarski Szymon               | Rybno                 |                                      | 1987       | Open M     | 6           |           |             | 04:56        | 12.2       | 14:47      | 14:49          |    | 7  |
| 9    | 87        | Lisowski Korneliusz             | Ostróda               |                                      | 2004       | Open M     | 7           |           |             | 05:01        | 12         | 14:53      | 15:01          |    | 8  |
| 10   | 104       | Żądłowski Paweł                 | Rybno                 | Rybno                                | 1997       | Open M     | 8           |           |             | 05:03        | 11.9       | 15:04      | 15:07          |    | 9  |
| 11   | 73        | Heleniak Witold                 | Rybno                 | ---                                  | 2010       | Junior M   | 2           |           |             | 05:12        | 11.5       | 15:31      | 15:37          |    | 10 |
| 12   | 61        | Bartkowski Marek                | Hartowiec             |                                      | 1972       | Open M     | 9           |           |             | 05:22        | 11.2       | 15:59      | 16:05          |    | 11 |
| 13   | 60        | Barski Dominik                  | Ilowo Osada           |                                      | 1992       | Open M     | 10          |           |             | 05:26        | 11         | 16:11      | 16:19          |    | 12 |
| 14   | 101       | Wydrachowski Jarosław           | Grodziczno            |                                      | 1979       | Open M     | 11          |           |             | 05:50        | 10.3       | 17:25      | 17:29          |    | 13 |
| 15   | 65        | Cichocka-Wydrachowska Agnieszka | Grodziczno            |                                      | 1979       | Open K     | 1           |           |             | 05:50        | 10.3       | 17:25      | 17:29          | 2  |    |
| 16   | 103       | Zduniak-Pietrzak Joanna         | Działdowo             | 5MBOT Kompania Logistyczna Ciechanów | 1985       | Open K     | 2           |           |             | 05:53        | 10.2       | 17:32      | 17:38          | 3  |    |
| 17   | 62        | Borkowski Łukasz                | Ilowo-Osada           |                                      | 1991       | Open M     | 12          |           |             | 05:54        | 10.2       | 17:31      | 17:39          |    | 14 |
| 18   | 63        | Chyrzyński Piotr                | Naguszewo             | Biegam U KOLESİ                      | 1977       | Open M     | 13          |           |             | 05:55        | 10.1       | 17:43      | 17:45          |    | 15 |
| 19   | 66        | Dąbkowska Edyta                 | Ciechanów             |                                      | 1995       | Open K     | 3           |           |             | 05:56        | 10.1       | 17:45      | 17:48          | 4  |    |
| 20   | 75        | Jankowski Konrad                | Lubawa                |                                      | 2001       | Open M     | 14          |           |             | 06:00        | 10         | 17:48      | 17:58          |    | 16 |
| 21   | 92        | Piątkowski Tadeusz              | Nowe Miasto Lubawskie | Kurzętnik biega                      | 1968       | Open M     | 15          |           |             | 06:02        | 10         | 18:01      | 18:05          |    | 17 |
| 22   | 89        | Markiewicz Anna                 | Działdowo             | Parkrun Działdowo                    | 1975       | Open K     | 4           |           |             | 06:11        | 9.7        | 18:30      | 18:36          | 5  |    |
| 23   | 176       | Kozicka Martyna                 | Hartowiec             |                                      | 1988       | Open K     | 5           |           |             | 06:21        | 9.5        | 18:54      | 19:02          | 6  |    |
| 24   | 91        | Muszyńska Gabriela              | Działdowo             |                                      | 1980       | Open K     | 6           |           |             | 06:27        | 9.3        | 19:18      | 19:21          | 7  |    |
| 25   | 80        | Kasprowicz Sylwester            | Rybno                 | Biegam U KOLESİ                      | 1989       | Open M     | 16          |           |             | 06:28        | 9.3        | 19:19      | 19:21          |    | 18 |
| 26   | 81        | Kęпка Michał                    | Łódź                  | MASURIA MADMED                       | 1993       | Open M     | 17          |           |             | 06:35        | 9.1        | 19:35      | 19:46          |    | 19 |
| 27   | 96        | Ruciński Andrzej                | Elgnowo               |                                      | 1965       | Open M     | 18          |           |             | 06:38        | 9.1        | 19:46      | 19:52          |    | 20 |
| 28   | 8         | Kowalski Adrian                 | Ostrowite             |                                      | 1988       | Open M     | 19          |           |             | 06:40        | 9          | 19:46      | 19:59          |    | 21 |
| 29   | 90        | Mroz Izabela                    | Durag                 | Team Durgg                           | 1994       | Open K     | 7           |           |             | 06:42        | 8.9        | 19:59      | 20:07          | 8  |    |
| 30   | 64        | Ciborowska Maja                 | Ostróda               | Team Durgg                           | 1996       | Open K     | 8           |           |             | 06:43        | 8.9        | 20:00      | 20:08          | 9  |    |
| 31   | 74        | Heleniak Paweł                  | Rybno                 | ....                                 | 1982       | Open M     | 20          |           |             | 06:43        | 8.9        | 20:04      | 20:10          |    | 22 |
| 32   | 173       | Mendalka Dagmara                | Rybno                 |                                      | 2010       | Junior K   | 2           |           |             | 06:47        | 8.8        | 20:21      | 20:21          | 10 |    |
| 33   | 100       | Wasielewski Krzysztof           | Rybno                 |                                      | 1985       | Open M     | 21          |           |             | 07:11        | 8.3        | 21:23      | 21:34          |    | 23 |
| 34   | 9         | Draszkiewicz Piotr              | Rybno                 | Biegam u Kolesi                      | 1986       | Open M     | 22          |           |             | 07:12        | 8.3        | 21:23      | 21:34          |    | 24 |
| 35   | 93        | Płoskońska Magda                | Dywity                | Dziubus Team                         | 1982       | Open K     | 9           |           |             | 07:24        | 8.1        | 22:02      | 22:11          | 11 |    |
| 36   | 72        | Gross Paulina                   | Gdynia                |                                      | 2004       | Open K     | 10          |           |             | 07:33        | 7.9        | 22:32      | 22:39          | 12 |    |
| 37   | 94        | Płoskońska-Zatoń Joanna         | Góra                  | Dziubus Team                         | 1991       | Open K     | 11          |           |             | 07:45        | 7.7        | 23:07      | 23:16          | 13 |    |
| 38   | 102       | Zatoń Łukasz                    | Góra                  | Dziubus Team                         | 1988       | Open M     | 23          |           |             | 07:46        | 7.7        | 23:07      | 23:16          |    | 25 |
| 39   | 95        | Przybyła Patrycja               | Ilawa                 |                                      | 1997       | Open K     | 12          |           |             | 08:09        | 7.4        | 24:24      | 24:27          | 14 |    |
| 40   | 77        | Jarząb Beata                    | Wikielec              |                                      | 1967       | Open K     | 13          |           |             | 08:21        | 7.2        | 24:53      | 25:04          | 15 |    |
| 41   | 184       | Jakielska Magdalena             | Świniarc              |                                      | 2004       | Open K     | 14          |           |             | 08:36        | 7          | 25:40      | 25:47          | 16 |    |
| 42   | 69        | Filaber-Drewniak Marta          | Warszawa              | --                                   | 1990       | Open K     | 15          |           |             | 09:05        | 6.6        | 27:06      | 27:18          | 17 |    |

Wyniki wersja z: 11.11.2025 13:26:21  
Data: 11.11.2025 12:00:00  
Miejscowość: Rybno  
Organizator: Gmina Rybno, OSiR Rybno  
Dystans: 3 km

XXVIII Bieg Niepodległości w Rybnie - 3 km  
Klasyfikacja: OPEN



| M-ce | Nr start. | Nazwisko i imię  | Miejscowość | Drużyna         | Rok urodz. | Kat. wiek. | M-ce w kat. | Kat. dod. | M-ce w kat. | Tempo min/km | Tempo km/h | Czas netto | Wynik (brutto) | K | M  |
|------|-----------|------------------|-------------|-----------------|------------|------------|-------------|-----------|-------------|--------------|------------|------------|----------------|---|----|
| 43   | 68        | Drewniak Michał  | Warszawa    |                 | 1990       | Open M     | 24          |           |             | 09:06        | 6.6        | 27:07      | 27:18          |   | 26 |
| 44   | 17        | Szymieński Jerzy | Kurzętnik   | Kurzętnik Biega | 1944       | Open M     | 25          |           |             | 11:06        | 5.4        | 33:10      | 33:17          |   | 27 |