

Ciechanowski Półmaraton - Półmaraton

Klasyfikacja: OPEN Mężczyźni



| M-ce | Nr start. | Nazwisko i imię | Miejscowość | Drużyna | Rok urodz. | Kat. wiek. | Kat. dod. | Tempo min/km | Tempo km/h | 5,0 km | 10,0 km | Czas netto | Wynik (brutto) |
|------|-----------|----------------------------|---------------------|-------------------------------------|------------|------------|-----------|--------------|------------|--------|---------|------------|----------------|
| 1 | 257 | Tymiński Paweł | Mińsk Mazowiecki | | 1983 | M 30-34 | | 3:52 | 15.5 | 18:13 | 37:30 | 1:21:22 | 1:21:47 |
| 2 | 14 | Kacperski Janusz | Ciechanów | Runners Team Ciechanów | 1980 | M 35-39 | | 3:55 | 15.3 | 19:25 | 39:01 | 1:22:37 | 1:22:38 |
| 3 | 191 | Komorowski Marcin | Proboszczewice | KB IM. PIOTRA SĘKOWSKIEGO W PŁOŃSKU | 1994 | M 18-24 | | 3:58 | 15.1 | 19:03 | 38:40 | 1:23:47 | 1:23:47 |
| 4 | 64 | Maluchnik Radosław | Grądy | KS MAKÓW BIEGA | 1976 | M 40-44 | | 4:02 | 14.9 | 19:46 | 40:03 | 1:25:06 | 1:25:08 |
| 5 | 16 | Piechna Andrzej | Gostomin | KB TKKF Promyk Ciechanów | 1969 | M 45-49 | | 4:02 | 14.9 | 19:46 | 40:03 | 1:25:11 | 1:25:13 |
| 6 | 145 | Filipowicz Tomasz | Chorzele | ZaDyszka | 1986 | M 30-34 | | 4:02 | 14.8 | 19:47 | 40:04 | 1:25:17 | 1:25:18 |
| 7 | 258 | Zych Tomasz | Jasienica | 12tri.pl | 1991 | M 25-29 | | 4:07 | 14.5 | 19:47 | 40:34 | 1:27:07 | 1:27:09 |
| 8 | 253 | Zalewski Adam | Nasielsk | Nasielsk Baszta Team | 1993 | M 18-24 | | 4:09 | 14.4 | 19:44 | 40:30 | 1:27:38 | 1:27:43 |
| 9 | 110 | Żak Robert | Jachranka | Wieliszew Heron Team | 1973 | M 40-44 | | 4:11 | 14.3 | 20:38 | 41:44 | 1:28:27 | 1:28:34 |
| 10 | 158 | Kępka Kamil | Warszawa | Szkoła Główna Służby Pożarniczej | 1994 | M 18-24 | | 4:13 | 14.2 | 19:02 | 39:08 | 1:29:04 | 1:29:05 |
| 11 | 159 | Kłudkiewicz Tomasz | Leszno | Stare Babice Biegają | 1981 | M 35-39 | | 4:14 | 14.1 | 21:16 | 42:50 | 1:29:29 | 1:29:38 |
| 12 | 154 | Gozdek Radek | Warszawa | Trucht Tarchomin Team | 1973 | M 40-44 | | 4:15 | 14.1 | 21:49 | 43:12 | 1:29:37 | 1:29:41 |
| 13 | 53 | Gołaszewski Michał | Legionowo | Kopeć Team/ DHL | 1976 | M 40-44 | | 4:20 | 13.8 | 22:07 | 44:15 | 1:31:34 | 1:31:44 |
| 14 | 6 | Granoszek Przemysław | Ciechanów | | 1987 | M 25-29 | | 4:23 | 13.6 | 20:11 | 41:29 | 1:32:43 | 1:32:45 |
| 15 | 106 | Kielak Leszek | Sulejówek | Biegacz Ceglów | 1987 | M 25-29 | | 4:25 | 13.6 | 21:48 | 43:16 | 1:33:07 | 1:33:11 |
| 16 | 196 | Bryskiewicz Jacek | Winnica | Lider Winnica | 1983 | M 30-34 | | 4:25 | 13.6 | 20:59 | 43:23 | 1:33:17 | 1:33:18 |
| 17 | 43 | Florczak Krzysztof | Ostrów Wielkopolski | KS MARATON OSTRÓW WLKP | 1972 | M 40-44 | | 4:26 | 13.5 | 21:24 | 43:18 | 1:33:21 | 1:33:34 |
| 18 | 82 | Jankowski Sebastian | Wieliszew | Wieliszew Heron Team | 1980 | M 35-39 | | 4:26 | 13.5 | 22:07 | 44:15 | 1:33:35 | 1:33:45 |
| 19 | 87 | Włodarczyk Grzegorz | Ciechanów | GRYGI | 1977 | M 35-39 | | 4:26 | 13.5 | 21:38 | 43:28 | 1:33:32 | 1:33:47 |
| 20 | 31 | Krawczyk Przemysław | Ciechanów | LUKA CIECHANÓW | 1979 | M 35-39 | | 4:26 | 13.5 | 22:06 | 44:48 | 1:33:44 | 1:33:49 |
| 21 | 107 | Bartkowski Mariusz | Mszanowo | KB IM. PIOTRA SĘKOWSKIEGO W PŁOŃSKU | 1987 | M 25-29 | | 4:29 | 13.4 | 21:20 | 43:30 | 1:34:40 | 1:34:48 |
| 22 | 181 | Gala Grzegorz | Sochaczew | | 1978 | M 35-39 | | 4:32 | 13.2 | 21:49 | 45:10 | 1:35:44 | 1:35:51 |
| 23 | 13 | Szczepankowski Jarosław | Ciechanów | Runners Team Ciechanów | 1972 | M 40-44 | | 4:32 | 13.2 | 19:50 | 41:15 | 1:35:53 | 1:35:55 |
| 24 | 266 | Wdowiak Wojciech | Olsztyn | Wdowiak@Friends | 1973 | M 40-44 | | 4:32 | 13.2 | 21:47 | 45:27 | 1:35:52 | 1:35:56 |
| 25 | 271 | Reks Mirosław | Mława | Mławski Cross | 1971 | M 45-49 | | 4:34 | 13.1 | 21:49 | 43:57 | 1:36:30 | 1:36:34 |
| 26 | 46 | Chodkowski Marcin | Ciechanów | | 1985 | M 30-34 | | 4:35 | 13.1 | 22:42 | 46:00 | 1:36:34 | 1:36:42 |
| 27 | 15 | Mysiewicz Rafał | Ciechanów | Runners Team Ciechanów | 1976 | M 40-44 | | 4:35 | 13 | 22:07 | 44:53 | 1:36:58 | 1:37:00 |
| 28 | 84 | Szkołka Robert | Chotomów | WIELISZEW HERON TEAM | 1973 | M 40-44 | | 4:36 | 13 | 22:06 | 45:10 | 1:36:52 | 1:37:10 |
| 29 | 33 | Męziński Mariusz | Wólka Łanięcka | Runners Team Ciechanów | 1974 | M 40-44 | | 4:36 | 13 | | 44:51 | 1:37:11 | 1:37:13 |
| 30 | 197 | Jałozą Ireneusz | Regimin | ZaDyszka | 1973 | M 40-44 | | 4:38 | 12.9 | 22:22 | 46:20 | 1:37:56 | 1:38:03 |
| 31 | 265 | Pajewski Tomasz | Kargoszyn | Mazovia ProActiv | 1993 | M 18-24 | | 4:39 | 12.9 | 21:39 | 45:48 | 1:38:06 | 1:38:10 |
| 32 | 72 | Podlewski Marcin Stanisław | Gdańsk | | 1982 | M 30-34 | | 4:39 | 12.9 | 22:18 | 46:11 | 1:38:01 | 1:38:11 |
| 33 | 137 | Stokowski Dariusz | Ciechanów | DYCHA Miedzynastowa | 1988 | M 25-29 | | 4:39 | 12.9 | 22:17 | 46:03 | 1:38:11 | 1:38:19 |
| 34 | 143 | Domeradzki Krzysztof | Bodzanów | SOKÓŁ BODZANÓW | 1992 | M 18-24 | | 4:40 | 12.8 | 22:12 | 44:37 | 1:38:25 | 1:38:30 |
| 35 | 97 | Kwieciński Paweł | Warszawa | Beton Bemowo | 1993 | M 18-24 | | 4:41 | 12.8 | 22:36 | 45:56 | 1:38:50 | 1:38:53 |
| 36 | 206 | Kuchciński Sławomir | Mława | LOTOS Running Team | 1977 | M 35-39 | | 4:42 | 12.8 | 23:12 | 46:58 | 1:39:14 | 1:39:16 |
| 37 | 201 | Kuczowski Jerzy | Ożarów Mazowiecki | | 1956 | M 60- 64 | | 4:42 | 12.7 | 23:26 | 46:57 | 1:39:19 | 1:39:25 |
| 38 | 136 | Kubisa Andrzej Kukiz | Mława-Windyki | W BIEGU | 1980 | M 35-39 | | 4:43 | 12.7 | 23:34 | 47:42 | 1:39:22 | 1:39:32 |
| 39 | 198 | Bińczycki Mariusz | Podsmardzewo | | 1980 | M 35-39 | | 4:43 | 12.7 | 23:24 | | 1:39:48 | 1:39:48 |
| 40 | 29 | Maciejewski Stanisław | Wyszyny Kościelne | WPRunning | 1971 | M 45-49 | | 4:44 | 12.7 | 21:52 | 45:28 | 1:39:48 | 1:39:52 |
| 41 | 156 | Michalak Grzegorz | Wałbrzych | Szkoła Główna Służby Pożarniczej | 1990 | M 25-29 | | 4:44 | 12.7 | 21:52 | 44:48 | 1:39:48 | 1:39:53 |
| 42 | 175 | Podolewski Rafał | Płock | PŁOCK BIEGA NO AGE LIMIT | 1975 | M 40-44 | | 4:47 | 12.5 | 23:23 | 47:17 | 1:40:52 | 1:40:58 |

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| M-ce | Nr start. | Nazwisko i imię | Miejscowość | Drużyna | Rok urodz. | Kat. wiek. | Kat. dod. | Tempo min/km | Tempo km/h | 5,0 km | 10,0 km | Czas netto | Wynik (brutto) |
|------|-----------|------------------------|---------------------|-------------------------------------|------------|------------|-----------|--------------|------------|--------|---------|------------|----------------|
| 43 | 39 | Królikowski Wojciech | Ciechanów | ZaDyszka | 1972 | M 40-44 | | 4:47 | 12.5 | 22:41 | 47:01 | 1:41:11 | 1:41:11 |
| 44 | 169 | Bartczak Janusz | Bodzanów | SOKÓŁ BODZANÓW | 1960 | M 55-59 | | 4:48 | 12.5 | 23:31 | 47:55 | 1:41:31 | 1:41:36 |
| 45 | 7 | Kazimierzczak Waldemar | Ciechanów | KB TKKF Promyk Ciechanów | 1973 | M 40-44 | | 4:49 | 12.5 | 23:12 | 47:25 | 1:41:36 | 1:41:38 |
| 46 | 147 | Brodowski Dawid Piotr | Nosarzewo Borowe 21 | brak | 1979 | M 35-39 | | 4:49 | 12.5 | 23:09 | 47:23 | 1:41:34 | 1:41:40 |
| 47 | 146 | Głowacki Andrzej | Legionowo | Wieliszew Heron Team | 1971 | M 45-49 | | 4:50 | 12.4 | 23:01 | 47:03 | 1:41:37 | 1:42:02 |
| 48 | 174 | Kiernozek Tomasz | Szczytno | -:-) | 1984 | M 30-34 | | 4:51 | 12.4 | 24:02 | 48:44 | 1:42:15 | 1:42:22 |
| 49 | 20 | Liszewski Grzegorz | Regimin | ZaDyszka | 1972 | M 40-44 | | 4:51 | 12.4 | 24:05 | 49:36 | 1:42:25 | 1:42:28 |
| 50 | 60 | Bany Robert | Sokolówek | | 1973 | M 40-44 | | 4:51 | 12.4 | 24:30 | 49:36 | 1:42:20 | 1:42:28 |
| 51 | 120 | BLEUS Xavier | Bruxelles | WOLUWE ST LAMBERT | 1980 | M 35-39 | | 4:52 | 12.3 | | 47:16 | 1:42:54 | 1:42:55 |
| 52 | 203 | Kłoszewski Marcin | Baboszewo | KB IM. PIOTRA SĘKOWSKIEGO W PŁOŃSKU | 1993 | M 18-24 | | 4:52 | 12.3 | 23:04 | 48:27 | 1:42:49 | 1:42:58 |
| 53 | 77 | Piechaczek Jacek | Borzęcin Duży | Stare Babice Biegają | 1973 | M 40-44 | | 4:53 | 12.3 | 24:37 | 49:41 | 1:42:44 | 1:43:03 |
| 54 | 135 | Kubalski Paweł | Działdowo | WBIEGU | 1984 | M 30-34 | | 4:53 | 12.3 | 23:36 | 47:32 | 1:43:02 | 1:43:12 |
| 55 | 276 | Świercz Andrzej | Płońsk | KB IM. P. SĘKOWSKIEGO W PŁOŃSKU | 1968 | M 45-49 | | 4:53 | 12.3 | 24:12 | 49:21 | 1:43:08 | 1:43:15 |
| 56 | 188 | Panikowski Tomasz | Olsztyn | Team Kopec | 1983 | M 30-34 | | 4:54 | 12.2 | 23:42 | 48:02 | 1:43:18 | 1:43:32 |
| 57 | 25 | Grządkowski Seweryn | Władysławowo | ZaDyszka | 1975 | M 40-44 | | 4:54 | 12.2 | 23:12 | 47:24 | 1:43:31 | 1:43:41 |
| 58 | 123 | Budzych Wojciech | Ciechanów | TKKF Promyk Ciechanów | 1975 | M 40-44 | | 4:57 | 12.1 | 24:13 | 49:18 | 1:44:17 | 1:44:32 |
| 59 | 139 | Merchel Mirosław | Kruki | | 1976 | M 40-44 | | 4:58 | 12.1 | 25:03 | 50:00 | 1:44:41 | 1:45:01 |
| 60 | 74 | Filipczak Tomasz | Ciechanów | Zadzyszka | 1979 | M 35-39 | | 4:58 | 12.1 | 23:07 | 47:44 | 1:44:53 | 1:45:03 |
| 61 | 255 | Smoliński Paweł | Komorów | | 1975 | M 40-44 | | 4:59 | 12 | 22:21 | 47:37 | 1:45:04 | 1:45:15 |
| 62 | 155 | Jaskółowski Waldemar | Warszawa | Szkoła Główna Służby Pożarniczej | 1969 | M 45-49 | | 5:00 | 12 | 23:35 | 48:22 | 1:45:21 | 1:45:36 |
| 63 | 90 | Celiński Tomasz | Otwock | TUPTUŚ Otwock | 1968 | M 45-49 | | 5:03 | 11.9 | 24:06 | 49:21 | 1:46:40 | 1:46:46 |
| 64 | 62 | Rychlica Michał | Warszawa | ĆPAJ SPORT | 1985 | M 30-34 | | 5:03 | 11.8 | 24:03 | 49:25 | 1:46:37 | 1:46:53 |
| 65 | 104 | Dydek Kamil | Cegłów | Biegacz Cegłów | 1990 | M 25-29 | | 5:04 | 11.8 | 22:09 | 45:21 | 1:46:59 | 1:47:02 |
| 66 | 192 | Czaplicki Przemysław | Łomża | SK.TEAM | 1984 | M 30-34 | | 5:05 | 11.8 | 25:35 | 51:01 | 1:47:17 | 1:47:17 |
| 67 | 102 | Kuriata Cezary | Ciechanów | Straż Pożarna Ciechanów | 1979 | M 35-39 | | 5:06 | 11.7 | 26:05 | 52:14 | 1:47:33 | 1:47:45 |
| 68 | 19 | Kozak Mariusz | Ciechanów | | 1980 | M 35-39 | | 5:08 | 11.7 | 24:01 | 49:22 | 1:48:04 | 1:48:25 |
| 69 | 170 | Szczepanek Piotr | Szczytno | | 1969 | M 45-49 | | 5:09 | 11.6 | 24:02 | 49:10 | 1:48:42 | 1:48:48 |
| 70 | 112 | Korkosz Andrzej | Blizne Jasińskiego | | 1977 | M 35-39 | | 5:09 | 11.6 | 24:17 | 50:16 | 1:48:55 | 1:48:56 |
| 71 | 178 | Boniewski Lech | Głinojeck | Gimnazjum Głinojeck | 1958 | M 55-59 | | 5:09 | 11.6 | 24:25 | 49:55 | 1:48:46 | 1:48:59 |
| 72 | 264 | Sikorski Daniel | Kosiorowo | Lider Winnica | 1991 | M 25-29 | | 5:11 | 11.6 | 25:23 | 51:12 | 1:49:14 | 1:49:30 |
| 73 | 115 | Dąbrowski Dariusz | Ciechanów | Mazovia ProActiv | 1970 | K-18-24 | | 5:12 | 11.5 | 26:04 | 52:14 | 1:49:39 | 1:49:52 |
| 74 | 205 | Litka Andrzej | Mława | W kółko biegamy | 1974 | M 40-44 | | 5:13 | 11.5 | 26:02 | 52:13 | 1:50:11 | 1:50:23 |
| 75 | 211 | Marciniak Andrzej | Mława | W kółko biegamy | 1974 | M 40-44 | | 5:13 | 11.5 | 26:00 | 52:11 | 1:50:09 | 1:50:23 |
| 76 | 93 | Wierzbicki Wiesław | Murowana Goślina | Gepard Murowana Goślina | 1973 | M 40-44 | | 5:14 | 11.4 | 25:11 | 50:57 | 1:50:20 | 1:50:36 |
| 77 | 88 | Głowacz Piotr | Bardonki | ZaDyszka | 1971 | M 45-49 | | 5:14 | 11.4 | 24:10 | 50:31 | 1:50:44 | 1:50:45 |
| 78 | 204 | Butryn Krzysztof | Szydłowo | | 1981 | M 35-39 | | 5:15 | 11.4 | 23:58 | 48:07 | 1:50:38 | 1:50:51 |
| 79 | 55 | Ślusarczyk Artur | Konopki | WBIEGU | 1982 | M 30-34 | | 5:15 | 11.4 | 25:22 | 51:07 | 1:50:31 | 1:50:51 |
| 80 | 261 | Zarodkiewicz Dawid | Krasne | | 1989 | M 25-29 | | 5:15 | 11.4 | 26:12 | 50:59 | 1:50:30 | 1:50:52 |
| 81 | 129 | Grabowski Karol | Ząbki | BIEGam Bo Lubię Ząbki TEAM | 1975 | M 40-44 | | 5:15 | 11.4 | | | 1:51:05 | 1:51:05 |
| 82 | 161 | Majewski Jan | Mrągowo | Klub Biegacza Mrągowo | 1947 | M 65-69 | | 5:16 | 11.4 | 24:50 | 51:26 | 1:51:05 | 1:51:15 |
| 83 | 163 | Wyciszkievicz Łukasz | Kwidzyn | | 1986 | M 30-34 | | 5:16 | 11.4 | 27:10 | 53:16 | 1:50:54 | 1:51:21 |
| 84 | 78 | Góraj Krzysztof | Mory | | 1981 | M 35-39 | | 5:16 | 11.4 | 23:33 | 48:11 | 1:51:11 | 1:51:23 |

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| M-ce | Nr start. | Nazwisko i imię | Miejscowość | Drużyna | Rok urodz. | Kat. wiek. | Kat. dod. | Tempo min/km | Tempo km/h | 5,0 km | 10,0 km | Czas netto | Wynik (brutto) |
|------|-----------|-------------------------|----------------------|-------------------------------------|------------|------------|-----------|--------------|------------|--------|---------|------------|----------------|
| 85 | 218 | Kaczmarek Patryk | Płońsk | KB IM. PIOTRA SĘKOWSKIEGO W PŁOŃSKU | 1989 | M 25-29 | | 5:17 | 11.3 | 22:37 | 46:32 | 1:51:21 | 1:51:35 |
| 86 | 114 | Chodara Roman | Kętrzyn | | 1954 | M 60- 64 | | 5:18 | 11.3 | 25:55 | 52:34 | 1:51:58 | 1:52:00 |
| 87 | 267 | Szczepański Tomasz | Mława | Pletwał Mława | 1973 | M 40-44 | | 5:19 | 11.3 | 24:23 | 50:23 | 1:52:10 | 1:52:19 |
| 88 | 37 | Langowski Łukasz | Ciechanów | | 1991 | M 25-29 | | 5:20 | 11.2 | 24:39 | 50:42 | 1:52:23 | 1:52:38 |
| 89 | 27 | Stępniewski Dariusz | Ciechanów | | 1969 | M 45-49 | | 5:21 | 11.2 | 25:04 | 52:10 | 1:52:56 | 1:53:08 |
| 90 | 252 | Żółek Jacek | Płock | Płock Biega No Age Limit | 1977 | M 35-39 | | 5:21 | 11.2 | 22:54 | 49:40 | 1:53:08 | 1:53:12 |
| 91 | 51 | Pawlak Andrzej | Ciechanów | Mazovia ProActiv | 1984 | M 30-34 | | 5:22 | 11.1 | 26:03 | 52:15 | 1:53:21 | 1:53:34 |
| 92 | 9 | Śmigieński Radosław | Szulmierz | ZaDyszka | 1983 | M 30-34 | | 5:23 | 11.1 | 24:02 | 50:41 | 1:53:38 | 1:53:45 |
| 93 | 81 | Salwin Sławomir | Wieliszew | Wieliszew Heron Team | 1966 | M 50-54 | | 5:23 | 11.1 | 24:21 | 49:45 | 1:53:48 | 1:53:48 |
| 94 | 10 | Małecki Janusz | Ojrzeń | KB IM. PIOTRA SĘKOWSKIEGO W PŁOŃSKU | 1965 | M 50-54 | | 5:24 | 11.1 | 25:03 | 51:56 | 1:53:51 | 1:54:02 |
| 95 | 36 | Langowski Dawid | Ciechanów | | 1989 | M 25-29 | | 5:25 | 11.1 | 24:39 | 50:56 | 1:54:01 | 1:54:17 |
| 96 | 113 | Sławewski Jerzy | Kętrzyn | Kętrzyn | 1953 | M 60- 64 | | 5:27 | 11 | 25:57 | 52:36 | 1:55:17 | 1:55:18 |
| 97 | 202 | Kuczkowski Ryszard | Kieźliny | | 1966 | M 50-54 | | 5:28 | 11 | 24:22 | 49:12 | 1:55:26 | 1:55:33 |
| 98 | 195 | Kopka Artur | Pułtusk | Lider Winnica | 1987 | M 25-29 | | 5:29 | 10.9 | 25:24 | 52:44 | 1:55:34 | 1:55:48 |
| 99 | 130 | Korycki Karol | Nowy Dwór Mazowiecki | WKURW TEAM | 1987 | M 25-29 | | 5:29 | 10.9 | 23:11 | 49:06 | 1:55:37 | 1:55:55 |
| 100 | 217 | Majkowski Łukasz | Kuchary Żydowskie | KB IM. PIOTRA SĘKOWSKIEGO W PŁOŃSKU | 1982 | M 30-34 | | 5:29 | 10.9 | 23:33 | 50:15 | 1:55:50 | 1:56:02 |
| 101 | 75 | Jabłoński Waldemar | Ciechanów | KB TKKF "PROMYK" | 1959 | M 55-59 | | 5:30 | 10.9 | 26:32 | 53:34 | 1:55:54 | 1:56:07 |
| 102 | 134 | Rzeczkowski Adam | Hel | | 1973 | M 40-44 | | 5:31 | 10.9 | 25:53 | 52:28 | 1:56:16 | 1:56:31 |
| 103 | 187 | Faltny Paweł | Ostrów Mazowiecka | LKS OSTROWIANKA | 1982 | M 30-34 | | 5:32 | 10.8 | 27:02 | 54:55 | 1:56:39 | 1:56:49 |
| 104 | 260 | Sielecki Michał | Komorowo | Drużyna Szpiku | 1977 | M 35-39 | | 5:32 | 10.8 | 27:03 | 54:57 | 1:56:40 | 1:56:50 |
| 105 | 259 | Romejko Dariusz | Komorowo | LKS OSTROWIANKA | 1975 | M 40-44 | | 5:32 | 10.8 | 27:02 | 54:56 | 1:56:40 | 1:56:50 |
| 106 | 149 | Uzdowski Marek | Warszawa | | 1972 | M 40-44 | | 5:33 | 10.8 | 28:27 | 56:32 | 1:56:46 | 1:57:11 |
| 107 | 126 | Wroński Piotr | Szulmierz | ZaDyszka | 1976 | M 40-44 | | 5:34 | 10.8 | 26:05 | 53:38 | 1:57:22 | 1:57:44 |
| 108 | 209 | Nowak Paweł | Kalinowo | Roch Jasienica | 1989 | M 25-29 | | 5:35 | 10.7 | 25:14 | 53:36 | 1:57:48 | 1:57:57 |
| 109 | 22 | Wojciechowski Krzysztof | Ciechanów | Mazovia ProActiv | 1981 | M 35-39 | | 5:35 | 10.7 | 27:14 | 54:25 | 1:57:52 | 1:58:06 |
| 110 | 185 | Bocheński Wojciech | Warszawa | SPORT ID | 1974 | M 40-44 | | 5:36 | 10.7 | 28:27 | 56:54 | 1:57:57 | 1:58:22 |
| 111 | 131 | Misztal Grzegorz | Nidzica | | 1977 | M 35-39 | | 5:36 | 10.7 | 24:47 | 53:00 | 1:57:57 | 1:58:26 |
| 112 | 50 | Kiedrowski Mariusz | Zegrze | | 1978 | M 35-39 | | 5:37 | 10.7 | 26:22 | 54:29 | 1:58:44 | 1:58:44 |
| 113 | 94 | Piekutowski Sławomir | Pułtusk | | 1971 | M 45-49 | | 5:37 | 10.7 | 27:00 | 55:13 | 1:58:29 | 1:58:46 |
| 114 | 76 | Wasiak Michał | Piszczac | | 1986 | M 30-34 | | 5:38 | 10.6 | 27:26 | 54:24 | 1:58:30 | 1:58:52 |
| 115 | 152 | Folga Artur | Ława | | 1971 | M 45-49 | | 5:38 | 10.6 | 26:12 | 54:26 | 1:58:36 | 1:58:55 |
| 116 | 66 | Kadecki Marek | Kargoszyn | | 1973 | M 40-44 | | 5:39 | 10.6 | 27:25 | 55:57 | 1:58:59 | 1:59:15 |
| 117 | 17 | Zagórski Artur | Ciechanów | Mazovia ProActiv | 1980 | M 35-39 | | 5:39 | 10.6 | 25:31 | 52:11 | 1:59:01 | 1:59:21 |
| 118 | 56 | Olszewski Kamil | Nidzica | TK NowyPiernik | 1994 | M 18-24 | | 5:39 | 10.6 | 24:57 | 51:38 | 1:58:56 | 1:59:25 |
| 119 | 73 | Nawrot Paweł | Ciechanów | KB TKKF Promyk Ciechanów | 1981 | M 35-39 | | 5:41 | 10.6 | | | 1:59:55 | 1:59:55 |
| 120 | 38 | Pietras Krzysztof | Ciechanów | | 1976 | M 40-44 | | 5:42 | 10.5 | 27:34 | 57:05 | 2:00:27 | 2:00:30 |
| 121 | 273 | Szulborski Grzegorz | Żuromin | | 1974 | M 40-44 | | 5:44 | 10.4 | 26:54 | 55:07 | 2:00:49 | 2:01:09 |
| 122 | 5 | Pawelczyk Jarek | Warszawa | Biegam na Tarchominie | 1980 | M 35-39 | | 5:46 | 10.4 | 28:33 | 57:00 | 2:01:32 | 2:01:50 |
| 123 | 251 | Stawicki Kamil | Warszawa | Biegam na Tarchominie | 1978 | M 35-39 | | 5:48 | 10.3 | 25:50 | 52:17 | 2:02:08 | 2:02:26 |
| 124 | 151 | Breński Robert | Mława | | 1974 | M 40-44 | | 5:49 | 10.3 | 25:00 | 52:23 | 2:02:33 | 2:02:50 |
| 125 | 212 | Krupa Tomasz | Warszawa | Skymakersi Skaryszewskie Ciacha | 1974 | M 40-44 | | 5:50 | 10.3 | 28:28 | 57:45 | 2:02:46 | 2:03:12 |
| 126 | 182 | Kozak Przemysław | Olsztyn | Pszczółkowski Team | 1980 | M 35-39 | | 5:50 | 10.3 | 24:34 | 53:00 | 2:03:02 | 2:03:17 |

Ciechanowski Półmaraton - Półmaraton

Klasyfikacja: OPEN Mężczyźni



| M-ce | Nr start. | Nazwisko i imię | Miejscowość | Drużyna | Rok urodz. | Kat. wiek. | Kat. dod. | Tempo min/km | Tempo km/h | 5,0 km | 10,0 km | Czas netto | Wynik (brutto) |
|------|-----------|-----------------------|---------------|-------------------------------------|------------|------------|-----------|--------------|------------|--------|---------|------------|----------------|
| 127 | 49 | Zagórski Tomasz | Zegrze | | 1979 | M 35-39 | | 5:51 | 10.2 | 26:12 | 54:18 | 2:03:31 | 2:03:41 |
| 128 | 166 | Lewandowski Grzegorz | Legionowo | | 1979 | M 35-39 | | 5:52 | 10.2 | 30:49 | 1:01:44 | 2:03:22 | 2:03:49 |
| 129 | 83 | Karwowski Mariusz | Chotomów | Grupa Biegowa CHTMO | 1973 | M 40-44 | | 5:55 | 10.1 | 29:40 | 59:28 | 2:04:32 | 2:04:56 |
| 130 | 180 | Haduch Tomasz | Warszawa | Digital_Warszawa | 1963 | M 50-54 | | 5:56 | 10.1 | 28:13 | 57:32 | 2:04:54 | 2:05:16 |
| 131 | 274 | Żółciński Waldemar | Warszawa | Grupa Biegowa UM | 1956 | M 60- 64 | | 5:56 | 10.1 | 27:46 | 57:12 | 2:05:01 | 2:05:20 |
| 132 | 58 | Sykula Jakub | Pęczcin | Mazovia ProActiv | 1986 | M 30-34 | | 5:57 | 10.1 | 28:28 | 57:05 | 2:05:28 | 2:05:51 |
| 133 | 190 | Głodkowski Marcin | Przasnysz | | 1989 | M 25-29 | | 5:58 | 10 | 26:15 | 55:49 | 2:05:38 | 2:05:57 |
| 134 | 168 | Korpoliński Andrzej | Płock | Night Runners Plock | 1985 | M 30-34 | | 5:58 | 10 | 28:36 | 57:38 | 2:05:41 | 2:05:58 |
| 135 | 79 | Białas Stanisław | Pułtusk | Z Biegiem Narwi | 1955 | M 60- 64 | | 6:00 | 10 | 27:47 | 57:49 | 2:06:10 | 2:06:39 |
| 136 | 160 | Stańczak Patryk | Sierpc | Klub Biegacza Kompania Piwowarska | 1992 | M 18-24 | | 6:00 | 10 | 28:32 | 56:57 | 2:06:18 | 2:06:45 |
| 137 | 213 | Ćwiek Arkadiusz | Warszawa | SkaryMakersi - Skaryszewskie Ciacha | 1976 | M 40-44 | | 6:03 | 9.9 | 28:53 | 57:48 | 2:07:23 | 2:07:49 |
| 138 | 21 | Gronowski Robert | Ciechanów | :) | 1989 | M 25-29 | | 6:05 | 9.9 | 28:29 | 57:42 | 2:08:11 | 2:08:28 |
| 139 | 45 | Przybyszewski Adam | Ojrzeń | | 1981 | M 35-39 | | 6:06 | 9.8 | 29:03 | 59:08 | 2:08:32 | 2:09:01 |
| 140 | 26 | Kantorowski Marcin | Warszawa | | 1980 | M 35-39 | | 6:07 | 9.8 | 28:11 | 58:22 | 2:08:45 | 2:09:19 |
| 141 | 86 | Zieliński Jarosław | Ciechanów | Mazovia ProActiv | 1988 | M 25-29 | | 6:07 | 9.8 | 28:20 | 58:07 | 2:09:08 | 2:09:23 |
| 142 | 61 | Kraszewski Mariusz | Ciechanów | | 1983 | M 30-34 | | 6:09 | 9.7 | 28:29 | 57:02 | 2:09:34 | 2:09:59 |
| 143 | 80 | Szymczak Łukasz | Kielce | LIBERTY RUNNING TEAM | 1986 | M 30-34 | | 6:09 | 9.7 | 29:27 | 1:00:42 | 2:09:45 | 2:10:01 |
| 144 | 59 | Nieznański Patryk | Ciechanów | Mazovia ProActiv | 1984 | M 30-34 | | 6:09 | 9.7 | 29:28 | 1:00:41 | 2:09:46 | 2:10:01 |
| 145 | 47 | Porebski Rafał | Ciechanów | Mazovia ProActiv | 1985 | M 30-34 | | 6:10 | 9.7 | 29:23 | 1:00:02 | 2:10:04 | 2:10:26 |
| 146 | 44 | Baranowski Romuald | Płock | Płock Biega No Age Limit | 1968 | M 45-49 | | 6:11 | 9.7 | 27:50 | 59:30 | 2:10:05 | 2:10:33 |
| 147 | 18 | Sadzyński Adam | Ciechanów | | 1990 | M 25-29 | | 6:11 | 9.7 | 28:17 | 57:34 | 2:10:28 | 2:10:46 |
| 148 | 28 | Kowaliński Maciej | Ciechanów | Mazovia ProActiv | 1985 | M 30-34 | | 6:11 | 9.7 | 28:53 | 59:43 | 2:10:24 | 2:10:48 |
| 149 | 34 | Szczepański Rafał | Gąsocin | OSP Gąsocin | 1985 | M 30-34 | | 6:14 | 9.6 | 25:03 | 56:19 | 2:11:19 | 2:11:51 |
| 150 | 12 | Górecki Rafał | Ciechanów | Mazovia ProActiv | 1985 | M 30-34 | | 6:15 | 9.6 | 25:21 | 55:15 | 2:11:46 | 2:11:56 |
| 151 | 184 | Kurkus Aleksander | Warszawa | POPIKUR | 1971 | M 45-49 | | 6:22 | 9.4 | 28:27 | 59:29 | 2:14:07 | 2:14:33 |
| 152 | 23 | Stańczyk Daniel | Ciechanów | Stańczyki | 1968 | M 45-49 | | 6:22 | 9.4 | 30:08 | 1:02:29 | 2:14:27 | 2:14:35 |
| 153 | 52 | Jażwiński Wiesław | Opinogóra | | 1957 | M 55-59 | | 6:26 | 9.3 | 28:22 | 59:46 | 2:15:38 | 2:15:55 |
| 154 | 69 | Gościński Andrzej | Ciechanów | | 1990 | M 25-29 | | 6:26 | 9.3 | 29:22 | 1:01:57 | 2:15:42 | 2:16:04 |
| 155 | 172 | Grabowski Piotr | Warszawa | Rembertów Team | 1968 | M 45-49 | | 6:34 | 9.1 | 27:36 | 58:55 | 2:18:27 | 2:18:46 |
| 156 | 194 | Banasiak Piotr | Poznań | STRANGLER TEAM | 1972 | M 40-44 | | 6:34 | 9.1 | 29:25 | 1:00:39 | 2:18:28 | 2:18:47 |
| 157 | 148 | Balcerzak Maksymilian | Warszawa | | 1981 | M 35-39 | | 6:35 | 9.1 | 29:03 | 1:00:40 | 2:18:34 | 2:18:58 |
| 158 | 65 | Marchliński Damian | Ciechanów | | 1987 | M 25-29 | | 6:35 | 9.1 | 26:27 | 55:23 | 2:18:39 | 2:19:01 |
| 159 | 216 | Czyż Dominik | Zegrze | Grupa Biegowa CHTMO | 1983 | M 30-34 | | 6:35 | 9.1 | 29:16 | 1:01:04 | 2:18:42 | 2:19:08 |
| 160 | 215 | Machnacki Michał | Legionowo | Grupa Biegowa CHTMO | 1976 | M 40-44 | | 6:36 | 9.1 | 29:17 | 1:01:04 | 2:19:04 | 2:19:28 |
| 161 | 210 | Liszewski Piotr | Płońsk | | 1986 | M 30-34 | | 6:37 | 9.1 | 26:22 | 57:35 | 2:19:23 | 2:19:38 |
| 162 | 165 | Pers Mariusz | Legionowo | Grupa Biegowa CHTMO | 1968 | M 45-49 | | 6:37 | 9.1 | 30:51 | 1:03:40 | 2:19:15 | 2:19:43 |
| 163 | 173 | Leszczyński Roman | Ostrołęka | NIEZRZESZONY | 1951 | M 65-69 | | 6:42 | 8.9 | 31:23 | 1:04:20 | 2:21:16 | 2:21:28 |
| 164 | 189 | Kowalski Hubert | Grzegorzewice | NIEZRZESZONY | 1987 | M 25-29 | | 6:45 | 8.9 | 30:33 | 1:03:32 | 2:22:14 | 2:22:28 |
| 165 | 150 | Zielski Marcin | Warszawa | | 1979 | M 35-39 | | 6:45 | 8.9 | 31:14 | 1:04:20 | 2:22:05 | 2:22:29 |
| 166 | 116 | Szłubowski Grzegorz | Ciechanów | Mazovia ProActiv | 1981 | M 35-39 | | 6:45 | 8.9 | 32:01 | 1:05:08 | 2:22:11 | 2:22:33 |
| 167 | 71 | Przybyłowski Kamil | Ciechanów | Mazovia ProActiv | 1983 | M 30-34 | | 6:47 | 8.8 | 32:02 | 1:05:10 | 2:22:55 | 2:23:17 |
| 168 | 57 | Rykowski Radosław | Ciechanów | | 1988 | M 25-29 | | 6:49 | 8.8 | 35:10 | 1:09:57 | 2:23:26 | 2:23:53 |

Wyniki wersja z: 28.06.2016 11:05:29

Data: 25.06.2016 19:00:00

Miejscowość: Ciechanów

Organizator: Miejski Ośrodek Sportu i Rekreacji w Ciechanowie,

Urząd Miasta Ciechanów, Stowarzyszenie Mazovia ProActiv

Dystans: 21.098 km

Ciechanowski Półmaraton - Półmaraton

Klasyfikacja: OPEN Mężczyźni



| M-ce | Nr start. | Nazwisko i imię | Miejscowość | Drużyna | Rok urodz. | Kat. wiek. | Kat. dod. | Tempo min/km | Tempo km/h | 5,0 km | 10,0 km | Czas netto | Wynik (brutto) |
|------|-----------|-----------------------|-------------|--------------------------|------------|---------------|-----------|--------------|------------|--------|---------|------------|----------------|
| 169 | 132 | Ptaszkiewicz Dariusz | Ciechanów | Mazovia ProActiv | 1977 | M 35-39 | | 6:50 | 8.8 | 32:01 | 1:05:09 | 2:23:55 | 2:24:18 |
| 170 | 177 | Ruciński Jarosław | Nasielsk | Nasielsk Baszta Team | 1981 | M 35-39 | | 6:54 | 8.7 | 30:58 | 1:04:21 | 2:25:29 | 2:25:53 |
| 171 | 167 | Kamiński Dariusz | Ciechanów | | 1982 | M 30-34 | | 6:55 | 8.7 | 28:27 | 59:47 | 2:25:35 | 2:26:03 |
| 172 | 140 | Nosarzewski Konrad | Stupsk | Szukam Sponsora | 1991 | M 25-29 | | 7:00 | 8.6 | | | 2:28:01 | 2:28:01 |
| 173 | 263 | Staniszewski Edward | Wisniewo | TKKF Promyk Ciechanów | 1939 | M 70 i więcej | | 7:03 | 8.5 | 33:45 | 1:09:37 | 2:28:43 | 2:28:56 |
| 174 | 179 | Haduch Marcin | Warszawa | MATERPATER.PL | 1975 | M 40-44 | | 7:03 | 8.5 | 28:42 | 1:02:52 | 2:28:34 | 2:28:56 |
| 175 | 32 | Szejko Wawrzyniec | Ciechanów | KB TKKF Promyk Ciechanów | 1952 | M 60- 64 | | 7:28 | 8 | 34:12 | 1:11:55 | 2:37:26 | 2:37:39 |
| 176 | 138 | Zieliński Kazimierz | Warszawa | | 1948 | M 65-69 | | 8:14 | 7.3 | 33:27 | 1:12:26 | 2:53:37 | 2:53:57 |
| DNF | 89 | Miłoboszewski Tadeusz | Ciechanów | ZaDyszka | 1976 | M 40-44 | | 0 | 0 | 27:31 | | | |
| DNF | 402 | Balcer Marcin | Braniewo | | 1980 | M 35-39 | | 0 | 0 | | | | |
| DNF | 272 | Tomkowicz Andrzej | Regimin | ZaDyszka | 1959 | M 55-59 | | 0 | 0 | | | | |
| DNF | 99 | Rejniak Robert | Mława | | 1971 | M 45-49 | | 0 | 0 | 2:10 | | | |